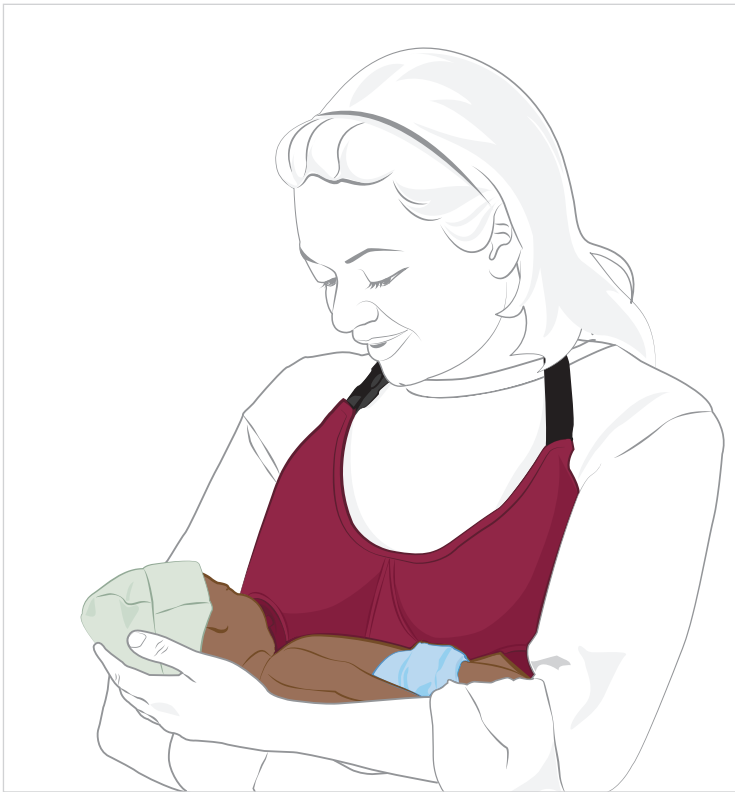


MamaBreast

Breastfeeding Simulator

User Guide



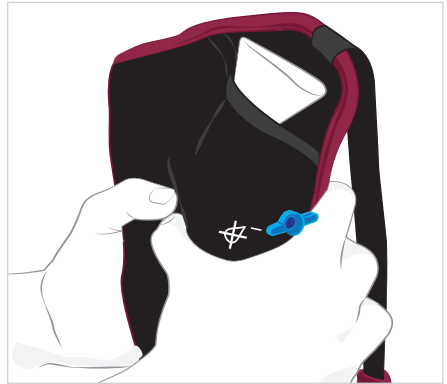
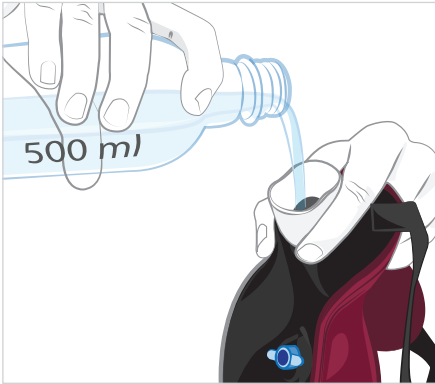
MamaBreast is a breastfeeding simulator which supports training in exclusive breastfeeding, manual expression and Kangaroo Mother Care. The simulator also facilitates learning of communication skills.

Prepare MamaBreast for use

Fill with water

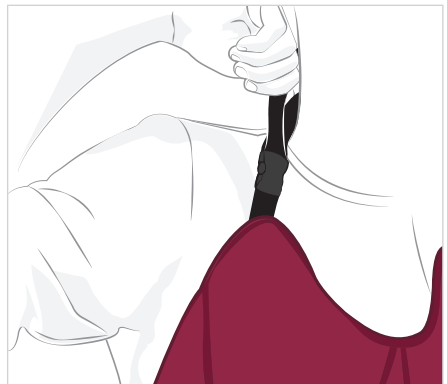
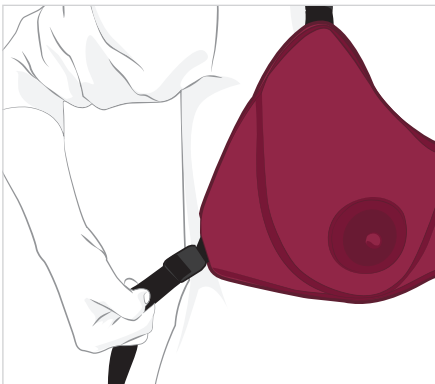
1. Open the cap and pour in water until it is partially full.
2. Massage the bag from the outside with both hands. This will separate the foils and make filling the bag with water easier.
3. Pour a total of 500 ml water in each bag.

⚠ Caution: Do not use milk, as this will damage the product.




Adjust MamaBreast


1. Put MamaBreast on your body.
2. Adjust the waist strap to get a comfortable fit around the side.
3. Adjust the height by pulling the strap on the neck.

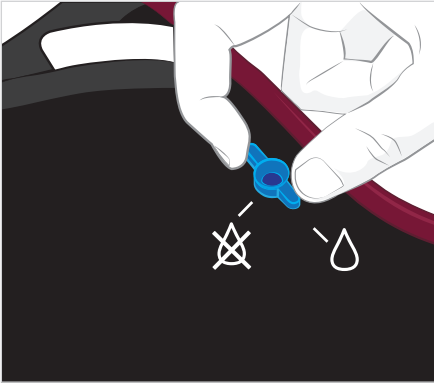


Simulate breast milk expression

To express water turn the valve to the  symbol and squeeze the breast gently and consistently, until the water comes out of the nipple.


To stop water expression, turn the valve to the  symbol.

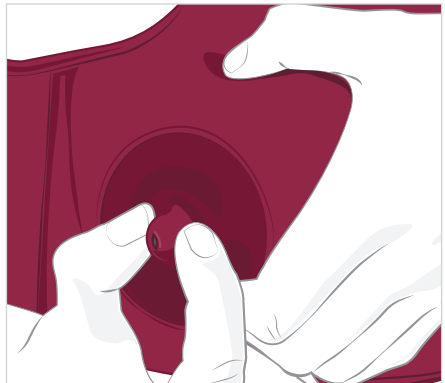
 Note: When using MamaBreast for the first time, there could be some air in the system that will prevent the water from coming out right away. You will need to squeeze the breast several times before water comes out.



Troubleshooting

If water is not flowing

1. Check that the valve is pointing to the  symbol.
2. Massage the tip of the nipple while squeezing the breasts. This will accelerate the water flow through the system.



Maintenance

To clean

Wipe with a soft moist cloth or rinse in cold water and dry in the shade. Do not dry in direct sunlight.

To store and transport

Empty both water bags during travel and extended storage periods.

Kit contents

- MamaBreast Breastfeeding Simulator
- Nifty Feeding Cup
- User Guide

Units

Main units

MamaBreast is available as a package with PremieNatalie or as a standalone model.

Cat. no	Description
460-00033	MamaBreast
107-10003	PremieNatalie (dark) + MamaBreast
107-10004	PremieNatalie (light) + MamaBreast

Associated products

Cat. no.	Description
107-10001	PremieNatalie (dark)
107-10002	PremieNatalie (light)
104-10005	NeoNatalie Complete (dark)
104-10006	NeoNatalie Complete (light)
340-00233	MamaNatalie Complete (dark)
340-00333	MamaNatalie Complete (light)

For more details and product videos, visit www.laerdalglobalhealth.com

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