

Mama-U

Postpartum Uterus Trainer



Impact

Postpartum hemorrhage is one of the leading causes of maternal mortality globally.¹ Early use of an intrauterine balloon tamponade is a way of limiting blood loss and can be a life-saving intervention, especially in settings where blood transfusion and surgery are not available.² Intrauterine balloon tamponades can easily be implemented by providers with suitable training.

Approach

Provider confidence is a key barrier to timely and effective obstetric interventions. The Mama-U Postpartum Uterus Trainer helps providers both train essential skills and counsel mothers on the procedures. Mama-U is easily collapsible, ultraportable, and provides easy visualization of procedures. Along with Laerdal Light, Mama-U can be used for training vaginal and cervical inspection, gauze packing, PPIUCD insertion, and balloon tamponade insertion for post-partum hemorrhage management.

Results

Mama-U is being used to teach balloon tamponade insertion in South Sudan and Kenya. It is also being used nationally in Nepal to train skilled birth attendants on both condom tamponade insertion and PPIUCD services. Field-testing supported by a Saving Lives at Birth grant showed that Mama-U had a large impact on provider confidence and client counseling for PPIUCD services.

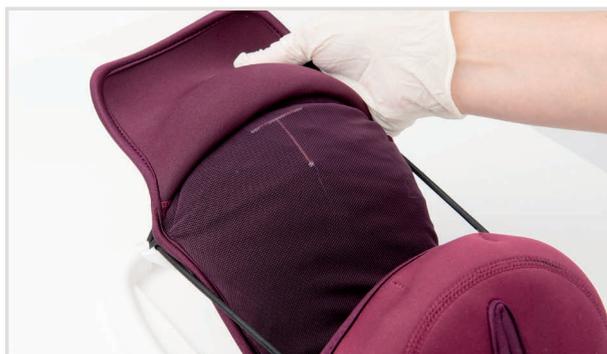
1. Khan KS, et al. WHO analysis of causes of maternal death: a systematic review. *Lancet*. 2006; 367 (9516):1066.
2. Tindell K, et al. Uterine balloon tamponade for the treatment of postpartum haemorrhage in resource-poor settings: a systemic review. *BJOG*. 2013; 120(1):5



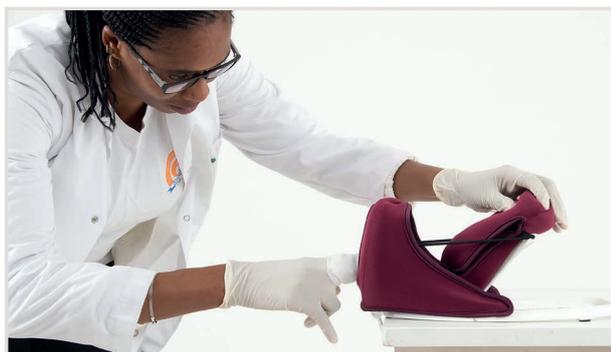
Mama-U



Easily collapsible and ultra-portable, **Mama-U** can be used as a tabletop model or inside the **MamaNatalie Birthing Simulator**



Easy visualization of PPIUCD placement



Training for vaginal and cervical inspection and gauze packing



Balloon tamponade insertion for postpartum hemorrhage management

Laerdal Light

Laerdal Light is a robust light that works both as a focused task light for clinical examinations and as a room light, and in trainings with Mama-U. The LED light provides one of the best shine times and light intensities at its price point. Versatile charging from the grid or with a solar panel.

May not be available in all markets



Laerdal Light can be used as a head light, neck light, hanging, etc

Laerdal Global Health is a not-for-profit company dedicated to helping save the lives of mothers and newborns. For more information and to order products visit: www.laerdalglobalhealth.org



Laerdal
helping save lives