How Official Resuscitation Guidelines are Produced

Resuscitation experts from ILCOR member councils analyze, discuss and debate current resuscitation research

- Structured evidence evaluation
- Analysis
- Literature cataloging
- Scientific evidence reviews of 100s of resuscitation and ECC topics

ILCOR member councils collectively produce the *International Consensus on CPR and ECC Science with Treatment Recommendations* (CoSTR)

- ILCOR member councils use the CoSTR to draft evidenced-based guidelines for their respective regions
- AHA science and clinical experts draft *AHA Guidelines for CPR and ECC* used universally across the United States

*AHA Guidelines for CPR and ECC* are based on ILCOR’s CoSTR and:

- Clinical efficacy
- Ease of implementation
- Local systems factors

AHA translates the Guidelines into resuscitation education and training that ensures high-quality CPR knowledge and skills.

Learn more about the official *AHA Guidelines for CPR and ECC* at CPR.Heart.org